São Silvestre do Sado
Praia do Sado
07-janeiro-2023

10 K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:00	--	--
End	19:23	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	216	Samuel Freire	VITORIA FUTEBOL CLUBE	30:45		03:05	
2	17	José Pedro Antunes Veiga	Associação de jovens da landeira	32:09	+01:24	03:13	
3	193	Carlos Papacinza	NDC Odemira	32:19	+01:34	03:14	
4	140	Luis Margarido	Individual	32:58	+02:13	03:18	
5	219	Nuno Rodrigues	VITORIA FUTEBOL CLUBE	35:22	+04:37	03:32	
6	224	Emanuel Diogo	G.D.R. São Francisco da Serra	35:23	+04:38	03:32	
7	106	Joana Fonseca	Individual	35:37	+04:52	03:34	
8	51	Pedro Pereira	Federação da Família para a Paz Mundial e Unificação	35:55	+05:10	03:35	
9	226	Joana Gomes	Individual	36:17	+05:32	03:38	
10	213	TIAGO MIGUEL LOPES	USCMS	36:55	+06:10	03:41	
11	200	Kcénia Bougrova	Run Tejo - Prevent Sprain	36:59	+06:14	03:42	
12	65	Rita Moreira Ribeiro	Individual	37:53	+07:08	03:47	
13	95	Pedro ribeiro	Individual	37:53	+07:08	03:47	
14	72	David Martins	Individual	38:51	+08:06	03:53	
15	26	Laura Grio	Clube de Praças da Armada	38:53	+08:08	03:53	
16	190	RICARDO ALVES	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	39:07	+08:22	03:55	
17	165	Tiago Rovisco	Individual	39:15	+08:30	03:55	
18	82	Filipe Madeira	Individual	39:16	+08:31	03:56	
19	75	Diogo Mourão	Individual	39:24	+08:39	03:56	
20	157	Pedro Lomba	Individual	39:31	+08:46	03:57	
21	126	Fernando Martinho	Doninhas Trail	39:37	+08:52	03:58	
22	98	Tiago Oliveira	Individual	39:47	+09:02	03:59	
23	19	Margarida Silva	Associação jardim da serra (AJS)	39:50	+09:05	03:59	
24	33	Fernando Santos	Clube de Praças da Armada	40:01	+09:16	04:00	
25	151	Nuno Salgueiro Antunes	Individual	40:08	+09:23	04:01	
26	79	Filipe Gomes Pedro	Individual	40:53	+10:08	04:05	
27	141	Luis Martins	Individual	41:02	+10:17	04:06	
28	50	Mafalda Martinho	Federação da Família para a Paz Mundial e Unificação	41:04	+10:19	04:06	
29	204	Ricardo Rodrigues	Tãlentos Team	41:18	+10:33	04:08	
30	2	Rosa Maria Correia dos Santos Mota	Individual	41:46	+11:01	04:11	
31	221	Luis Trigo	VITORIA FUTEBOL CLUBE	41:47	+11:02	04:11	
32	212	RAFAEL JORGE DIAS CARNEIRO	USCMS	42:53	+12:08	04:17	
33	24	Brigitte Cardoso	CCD Crédito Agrícola Mútuo	42:59	+12:14	04:18	
34	260	Paulo Hermesilha	USCMS	43:37	+12:52	04:22	
35	59	Gonçalo Santos	GDC PORTOS DE SINES E DO ALGARVE	43:49	+13:04	04:23	
36	198	Rui Sobral	OCS - Arrábida Trail Team	44:06	+13:21	04:25	
37	125	Fernando Alves	Individual	44:13	+13:28	04:25	
38	144	Mário Martins	Individual	44:23	+13:38	04:26	
39	85	João Camilo	Individual	44:26	+13:41	04:27	
40	44	Mário Santana	Clube EDP - Lisboa	44:29	+13:44	04:27	

10 K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
41	97	Tiago Costa	Individual	44:30	+13:45	04:27	
42	32	António Branco	Clube de Praças da Armada	44:47	+14:02	04:29	
43	13	JOAO VITOR CORREIA	Associação de atletismo Lebres do sado	44:51	+14:06	04:29	
44	238	Elliot Braham	Individual	44:58	+14:13	04:30	
45	189	NUNO REIS	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	45:06	+14:21	04:31	
46	176	LUIS FERRO	Individual	45:08	+14:23	04:31	
47	235	Carla Maria de oliveira pereira	Individual	45:14	+14:29	04:31	
48	220	Luis Calha	VITORIA FUTEBOL CLUBE	45:16	+14:31	04:32	
49	241	Luis Martins	Individual	45:16	+14:31	04:32	
50	258	Vasco Agostinho	Individual	45:25	+14:40	04:33	
51	240	LuiS Almeida	Individual	45:46	+15:01	04:35	
52	86	João Marquês Dias	Individual	45:56	+15:11	04:36	
53	131	Hélio José Mendes Pico	Individual	46:16	+15:31	04:38	
54	250	Vitor Cunha	Individual	46:41	+15:56	04:40	
55	137	Jorge Romão	Individual	46:46	+16:01	04:41	
56	201	Bruno Farçadas Paulino	São Domingos Futebol Clube - Setúbal	46:55	+16:10	04:42	
57	150	Nuno Domingues	Individual	46:58	+16:13	04:42	
58	188	LUDOVICO MARQUES	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	47:07	+16:22	04:43	
59	231	Filipe Marques	Individual	47:19	+16:34	04:44	
60	60	Marcos Lima	GDC PORTOS DE SINES E DO ALGARVE	47:27	+16:42	04:45	
61	89	Manuel Teles	Individual	47:30	+16:45	04:45	
62	166	Valter Serrano	Individual	47:33	+16:48	04:45	
63	71	Daniel Lopes	Individual	47:35	+16:50	04:45	
64	38	Fernando Sousa	Clube de Praças da Armada	47:42	+16:57	04:46	
65	156	PEDRO CORREIA	Individual	47:46	+17:01	04:47	
66	237	Liliana Martins	Individual	47:52	+17:07	04:47	
67	116	claire SCHLEICHER	Individual	48:16	+17:31	04:50	
68	57	Marisa Santos	Instituto Politécnico de Setúbal	48:25	+17:40	04:51	
69	77	Diogo Wallis	Individual	48:28	+17:43	04:51	
70	133	Ionut Diacu	Individual	48:36	+17:51	04:52	
71	145	Mário Rui Ferreira	Individual	48:38	+17:53	04:52	
72	61	Tiago Lopes Paulo	GDC PORTOS DE SINES E DO ALGARVE	48:41	+17:56	04:52	
73	136	Jorge Miguel Vicente	Individual	48:44	+17:59	04:52	
74	142	Manuel Martins	Individual	48:55	+18:10	04:54	
75	129	Gil Carneiro	Individual	49:00	+18:15	04:54	
76	101	Ana Margarida Correia	Individual	49:00	+18:15	04:54	
77	123	Carlos Carvalho	Individual	49:09	+18:24	04:55	
78	130	Gustavo Bastos	Individual	49:15	+18:30	04:56	
79	146	Mark Hehn	Individual	49:36	+18:51	04:58	
80	100	Aline Alves Pereira dos Santos	Individual	49:55	+19:10	04:59	
81	134	Jorge Côco	Individual	50:00	+19:15	05:00	
82	127	Filipe Ginja Duarte	Individual	50:19	+19:34	05:02	
83	160	Ricardo José da Silva Belo Clavijo	Individual	50:20	+19:35	05:02	
84	230	Domingos Seward	Individual	50:44	+19:59	05:04	
85	175	Júlio Gamito	Individual	50:52	+20:07	05:05	
86	124	Carlos Manuel Domingos Lucas	Individual	51:02	+20:17	05:06	

10 K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
87	21	Jorge Antunes	BBHP	51:14	+20:29	05:07	
88	205	Paulo Oliveira	Tãlentos Team	51:21	+20:36	05:08	
89	178	Paulo Jorge Domingues	Individual	51:31	+20:46	05:09	
90	83	Francisco Gonçalves	Individual	52:01	+21:16	05:12	
91	246	Ricardo Leitão	Individual	52:08	+21:23	05:13	
92	259	Pedro Agostinho	Individual	52:16	+21:31	05:14	
93	179	Paulo Mirador	Individual	52:35	+21:50	05:15	
94	15	Manuel Dinis Pardal	Associação de atletismo Lebres do sado	52:46	+22:01	05:17	
95	34	João Santos	Clube de Praças da Armada	52:47	+22:02	05:17	
96	93	Pedro Fonseca	Individual	52:47	+22:02	05:17	
97	194	Luis Murilhas	New Pine	52:48	+22:03	05:17	
98	233	Luís Fidalgo	Individual	52:49	+22:04	05:17	
99	195	Cheila Dias	New Pine	52:50	+22:05	05:17	
100	135	Jorge Miguel Neves Dos Reis	Individual	53:01	+22:16	05:18	
101	249	Daniel Pó	Individual	53:26	+22:41	05:21	
102	247	Ricardo Miguel Cordeiro Araújo Morais	Individual	53:26	+22:41	05:21	
103	63	Inês de Sousa	Individual	53:38	+22:53	05:22	
104	68	André Bezerra	Individual	53:38	+22:53	05:22	
105	88	Manuel Domingues	Individual	53:38	+22:53	05:22	
106	225	Alexandra Jóse	Doninhas Trail	53:41	+22:56	05:22	
107	182	Ezequiel Alves Fernandes	Individual	53:41	+22:56	05:22	
108	170	João Martins	Individual	53:45	+23:00	05:23	
109	148	Miguel Saldanha	Individual	54:05	+23:20	05:24	
110	58	Alexandre Santos	GDC PORTOS DE SINES E DO ALGARVE	54:06	+23:21	05:25	
111	172	Joaquim Santos	Individual	54:10	+23:25	05:25	
112	199	João Fernandes	Pinhal Novo a Correr	54:21	+23:36	05:26	
113	54	Joao Pedro Caria	Gazelas do Sado	54:28	+23:43	05:27	
114	187	JOÃO CRESPO	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	54:36	+23:51	05:28	
115	186	Inês Alves	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	55:02	+24:17	05:30	
116	234	Ochir Soros	Individual	55:31	+24:46	05:33	
117	244	Paulo Mendonça	Individual	56:00	+25:15	05:36	
118	40	Manuel Jacinto	Clube de Praças da Armada	56:03	+25:18	05:36	
119	23	Filipe José Benavente Gomes	Benfiquistas	56:09	+25:24	05:37	
120	164	Sérgio Cláudio da Silva Marques	Individual	56:20	+25:35	05:38	
121	96	Ricardo Jorge Neves Pereira	Individual	56:27	+25:42	05:39	
122	256	Bruno Matos Martins	Individual	56:32	+25:47	05:39	
123	248	Vítor Santos	Individual	56:34	+25:49	05:39	
124	52	Francisco Muleta	Federação da Família para a Paz Mundial e Unificação	56:36	+25:51	05:40	
125	53	André Monteiro	Gazelas do Sado	56:51	+26:06	05:41	
126	14	José Manuel Marques	Associação de atletismo Lebres do sado	57:07	+26:22	05:43	
127	111	Patricia Pereira	Doninhas Trail	57:12	+26:27	05:43	
128	66	Sofia Gonçalves	Individual	57:17	+26:32	05:44	
129	191	Tânia Carmo	Navigator Clube Setúbal	57:36	+26:51	05:46	
130	70	Carlos Pereira	Doninhas Trail	57:56	+27:11	05:48	
131	202	Nicole Berger	Tãlentos Team	58:10	+27:25	05:49	

10 K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
132	192	Tiago Galego	Navigator Clube Setúbal	58:23	+27:38	05:50	
133	45	Anabela Meia-Via	Corrida Nocturna STB	58:24	+27:39	05:50	
134	110	Mária Hanulová	Individual	58:24	+27:39	05:50	
135	153	Paulo Falcão	Individual	58:35	+27:50	05:51	
136	155	Pedro Araujo	Individual	58:44	+27:59	05:52	
137	254	Paulo Rijo	Jovens Kipchoge	59:30	+28:45	05:57	
138	253	Pedro Rijo	Jovens Kipchoge	59:30	+28:45	05:57	
139	132	Henrique Azevedo	Individual	59:40	+28:55	05:58	
140	120	António Sineiro	Individual	59:47	+29:02	05:59	
141	251	VITOR MANUEL AMARO TEIXEIRA RODRIGUES	Individual	59:47	+29:02	05:59	
142	73	Diogo Ferreira	Individual	59:52	+29:07	05:59	
143	117	Alexandre Ferreira	Individual	01:00:27	+29:42	06:03	
144	20	Henrique Garcia	BBHP	01:00:58	+30:13	06:06	
145	242	Luís Ramos	Individual	01:01:03	+30:18	06:06	
146	29	Luis Conceição	Clube de Praças da Armada	01:01:07	+30:22	06:07	
147	163	Rui Melo	Individual	01:01:16	+30:31	06:08	
148	105	Filipa Melo	Individual	01:01:16	+30:31	06:08	
149	41	Possidónio Constantino	Clube de Praças da Armada	01:01:32	+30:47	06:09	
150	36	António Borla	Clube de Praças da Armada	01:01:32	+30:47	06:09	
151	113	Sílvia Santos Fernandes	Individual	01:01:33	+30:48	06:09	
152	232	João Ribeiro	Individual	01:01:44	+30:59	06:10	
153	84	Francisco Gonçalves	Individual	01:02:30	+31:45	06:15	
154	138	Juan Carlos Bautista Ballen	Individual	01:03:24	+32:39	06:20	
155	114	Simona Faktorová	Individual	01:03:50	+33:05	06:23	
156	76	DIOGO RAFAEL GONÇALVES CARROMEU	Individual	01:03:59	+33:14	06:24	
157	239	João Nogueira	Individual	01:04:03	+33:18	06:24	
158	243	Paulo Antunes	Individual	01:04:03	+33:18	06:24	
159	168	AMANDIO JORGE RODRIGUES FERNANDES	Individual	01:04:34	+33:49	06:27	
160	109	Maria Araujo	Individual	01:04:36	+33:51	06:28	
161	169	Antonio Santos	Individual	01:05:26	+34:41	06:33	
162	171	Joaquim Pepe Roque	Individual	01:06:03	+35:18	06:36	
163	102	Carla Raposo	Individual	01:06:14	+35:29	06:37	
164	161	Rui Costa	Individual	01:06:14	+35:29	06:37	
165	180	Rogério Silva	Individual	01:07:00	+36:15	06:42	
166	87	João Pedro de Amorim Cheira	Individual	01:07:25	+36:40	06:44	
167	67	Verónica Carreira	Individual	01:07:39	+36:54	06:46	
168	255	LUIS MARTINHO	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	01:07:49	+37:04	06:47	
169	92	Panzo Alexandre António	Individual	01:08:16	+37:31	06:50	
170	27	Teresa Silva	Clube de Praças da Armada	01:08:44	+37:59	06:52	
171	55	Pedro Júlio	Gazelas do Sado	01:08:48	+38:03	06:53	
172	11	Maria Teresa Marques	Associação de atletismo Lebres do sado	01:08:52	+38:07	06:53	
173	16	Manuel Francisco Prates	Associação de atletismo Lebres do sado	01:08:53	+38:08	06:53	
174	184	Gilvan Gomes de Lima	Individual	01:09:54	+39:09	06:59	
175	22	Pedro Miguel Marques Dias	Benfiquistas	01:13:11	+42:26	07:19	

10 K - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
176	107	Joana Raquel Carias de Oliveira	Individual	01:16:38	+45:53	07:40	
177	69	Ângelo Borges	Individual	01:18:31	+47:46	07:51	
178	91	Nuno Nunes	Individual	01:21:42	+50:57	08:10	

São Silvestre do Sado
Praia do Sado
07-janeiro-2023

10 K **10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	18:00	-99ºC	-99%
End	19:23	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	226	Joana Gomes	Individual	Senior Feminino	36:17		03:38
2	200	Kcénia Bougrova	Run Tejo - Prevent Sprain	Senior Feminino	36:59	+00:42	03:42
3	65	Rita Moreira Ribeiro	Individual	Senior Feminino	37:53	+01:35	03:47
4	19	Margarida Silva	Associação jardim da serra (AJS)	Senior Feminino	39:50	+03:33	03:59
5	50	Mafalda Martinho	Federação da Família para a Paz Mundial e Unificação	Senior Feminino	41:04	+04:46	04:06
6	63	Inês de Sousa	Individual	Senior Feminino	53:38	+17:20	05:22
7	225	Alexandra Jóse	Doninhas Trail	Senior Feminino	53:41	+17:23	05:22
8	186	Inês Alves	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	Senior Feminino	55:02	+18:45	05:30
9	66	Sofia Gonçalves	Individual	Senior Feminino	57:17	+21:00	05:44
10	67	Verónica Carreira	Individual	Senior Feminino	01:07:39	+31:21	06:46

Senior Masculino

1	216	Samuel Freire	VITORIA FUTEBOL CLUBE	Senior Masculino	30:45		03:05
2	17	José Pedro Antunes Veiga	Associação de jovens da landeira	Senior Masculino	32:09	+01:23	03:13
3	193	Carlos Papacinza	NDC Odemira	Senior Masculino	32:19	+01:33	03:14
4	224	Emanuel Diogo	G.D.R. São Francisco da Serra	Senior Masculino	35:23	+04:38	03:32
5	213	TIAGO MIGUEL LOPES	USCMS	Senior Masculino	36:55	+06:09	03:41
6	95	Pedro ribeiro	Individual	Senior Masculino	37:53	+07:07	03:47
7	72	David Martins	Individual	Senior Masculino	38:51	+08:05	03:53
8	82	Filipe Madeira	Individual	Senior Masculino	39:16	+08:31	03:56
9	75	Diogo Mourão	Individual	Senior Masculino	39:24	+08:38	03:56
10	98	Tiago Oliveira	Individual	Senior Masculino	39:47	+09:01	03:59
11	79	Filipe Gomes Pedro	Individual	Senior Masculino	40:53	+10:07	04:05
12	212	RAFAEL JORGE DIAS CARNEIRO	USCMS	Senior Masculino	42:53	+12:07	04:17
13	85	João Camilo	Individual	Senior Masculino	44:26	+13:40	04:27
14	97	Tiago Costa	Individual	Senior Masculino	44:30	+13:45	04:27
15	86	João Marquês Dias	Individual	Senior Masculino	45:56	+15:11	04:36
16	231	Filipe Marques	Individual	Senior Masculino	47:19	+16:34	04:44
17	89	Manuel Teles	Individual	Senior Masculino	47:30	+16:44	04:45
18	71	Daniel Lopes	Individual	Senior Masculino	47:35	+16:49	04:45
19	77	Diogo Wallis	Individual	Senior Masculino	48:28	+17:43	04:51
20	230	Domingos Seward	Individual	Senior Masculino	50:44	+19:58	05:04
21	83	Francisco Gonçalves	Individual	Senior Masculino	52:01	+21:15	05:12
22	93	Pedro Fonseca	Individual	Senior Masculino	52:47	+22:02	05:17
23	194	Luis Murilhas	New Pine	Senior Masculino	52:48	+22:03	05:17
24	233	Luís Fidalgo	Individual	Senior Masculino	52:49	+22:03	05:17
25	68	André Bezerra	Individual	Senior Masculino	53:38	+22:52	05:22

26	88	Manuel Domingues	Individual	Senior Masculino	53:38	+22:53	05:22
27	54	Joao Pedro Caria	Gazelas do Sado	Senior Masculino	54:28	+23:42	05:27
28	234	Ochir Soros	Individual	Senior Masculino	55:31	+24:45	05:33
29	96	Ricardo Jorge Neves Pereira	Individual	Senior Masculino	56:27	+25:41	05:39
30	53	André Monteiro	Gazelas do Sado	Senior Masculino	56:51	+26:06	05:41
31	70	Carlos Pereira	Doninhas Trail	Senior Masculino	57:56	+27:11	05:48
32	253	Pedro Rijo	Jovens Kipchoge	Senior Masculino	59:30	+28:44	05:57
33	73	Diogo Ferreira	Individual	Senior Masculino	59:52	+29:06	05:59
34	20	Henrique Garcia	BBHP	Senior Masculino	01:00:58	+30:12	06:06
35	232	João Ribeiro	Individual	Senior Masculino	01:01:44	+30:58	06:10
36	84	Francisco Gonçalves	Individual	Senior Masculino	01:02:30	+31:45	06:15
37	76	DIOGO RAFAEL GONÇALVES CARROMEU	Individual	Senior Masculino	01:03:59	+33:13	06:24
38	87	João Pedro de Amorim Cheira	Individual	Senior Masculino	01:07:25	+36:39	06:44
39	92	Panzo Alexandre António	Individual	Senior Masculino	01:08:16	+37:31	06:50
40	55	Pedro Júlio	Gazelas do Sado	Senior Masculino	01:08:48	+38:02	06:53
41	69	Ângelo Borges	Individual	Senior Masculino	01:18:31	+47:45	07:51
42	91	Nuno Nunes	Individual	Senior Masculino	01:21:42	+50:56	08:10

Veterana F35

1	106	Joana Fonseca	Individual	Veterana F35	35:37		03:34
2	26	Laura Grio	Clube de Praças da Armada	Veterana F35	38:53	+03:15	03:53
3	24	Brigitte Cardoso	CCD Crédito Agrícola Mútuo	Veterana F35	42:59	+07:21	04:18
4	235	Carla Maria de oliveira pereira	Individual	Veterana F35	45:14	+09:36	04:31
5	237	Liliana Martins	Individual	Veterana F35	47:52	+12:14	04:47
6	57	Marisa Santos	Instituto Politécnico de Setúbal	Veterana F35	48:25	+12:47	04:51
7	101	Ana Margarida Correia	Individual	Veterana F35	49:00	+13:22	04:54
8	100	Aline Alves Pereira dos Santos	Individual	Veterana F35	49:55	+14:17	04:59
9	195	Cheila Dias	New Pine	Veterana F35	52:50	+17:12	05:17
10	111	Patricia Pereira	Doninhas Trail	Veterana F35	57:12	+21:34	05:43
11	191	Tânia Carmo	Navigator Clube Setúbal	Veterana F35	57:36	+21:58	05:46
12	202	Nicole Berger	Tãlentos Team	Veterana F35	58:10	+22:32	05:49
13	110	Mária Hanulová	Individual	Veterana F35	58:24	+22:46	05:50
14	105	Filipa Melo	Individual	Veterana F35	01:01:16	+25:38	06:08
15	113	Sílvia Santos Fernandes	Individual	Veterana F35	01:01:33	+25:55	06:09
16	114	Simona Faktorová	Individual	Veterana F35	01:03:50	+28:12	06:23
17	109	Maria Araujo	Individual	Veterana F35	01:04:36	+28:58	06:28
18	102	Carla Raposo	Individual	Veterana F35	01:06:14	+30:36	06:37
19	27	Teresa Silva	Clube de Praças da Armada	Veterana F35	01:08:44	+33:06	06:52
20	107	Joana Raquel Carias de Oliveira	Individual	Veterana F35	01:16:38	+41:00	07:40

Veterana F50

1	116	claire SCHLEICHER	Individual	Veterana F50	48:16		04:50

2	45	Anabela Meia-Via	Corrida Nocturna STB	Veterana F50	58:24	+10:08	05:50

Veterana F60

1	2	Rosa Maria Correia dos Santos Mota	Individual	Veterana F60	41:46		04:11
2	11	Maria Teresa Marques	Associação de atletismo Lebres do sado	Veterana F60	01:08:52	+27:05	06:53

Veterano M35

1	140	Luis Margarido	Individual	Veterano M35	32:58		03:18
2	219	Nuno Rodrigues	VITORIA FUTEBOL CLUBE	Veterano M35	35:22	+02:23	03:32
3	51	Pedro Pereira	Federação da Família para a Paz Mundial e Unificação	Veterano M35	35:55	+02:56	03:35
4	190	RICARDO ALVES	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	Veterano M35	39:07	+06:08	03:55
5	165	Tiago Rovisco	Individual	Veterano M35	39:15	+06:16	03:55
6	157	Pedro Lomba	Individual	Veterano M35	39:31	+06:32	03:57
7	126	Fernando Martinho	Doninhas Trail	Veterano M35	39:37	+06:39	03:58
8	151	Nuno Salgueiro Antunes	Individual	Veterano M35	40:08	+07:09	04:01
9	141	Luis Martins	Individual	Veterano M35	41:02	+08:03	04:06
10	204	Ricardo Rodrigues	Tãlentos Team	Veterano M35	41:18	+08:19	04:08
11	59	Gonçalo Santos	GDC PORTOS DE SINES E DO ALGARVE	Veterano M35	43:49	+10:50	04:23
12	198	Rui Sobral	OCS - Arrábida Trail Team	Veterano M35	44:06	+11:07	04:25
13	125	Fernando Alves	Individual	Veterano M35	44:13	+11:14	04:25
14	144	Mário Martins	Individual	Veterano M35	44:23	+11:24	04:26
15	44	Mário Santana	Clube EDP - Lisboa	Veterano M35	44:29	+11:30	04:27
16	13	JOAO VITOR CORREIA	Associação de atletismo Lebres do sado	Veterano M35	44:51	+11:53	04:29
17	238	Elliot Braham	Individual	Veterano M35	44:58	+11:59	04:30
18	189	NUNO REIS	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	Veterano M35	45:06	+12:07	04:31
19	241	Luis Martins	Individual	Veterano M35	45:16	+12:17	04:32
20	240	LuiS Almeida	Individual	Veterano M35	45:46	+12:47	04:35
21	131	Hélio José Mendes Pico	Individual	Veterano M35	46:16	+13:17	04:38
22	137	Jorge Romão	Individual	Veterano M35	46:46	+13:47	04:41
23	201	Bruno Farçadas Paulino	São Domingos Futebol Clube - Setúbal	Veterano M35	46:55	+13:57	04:42
24	150	Nuno Domingues	Individual	Veterano M35	46:58	+14:00	04:42
25	188	LUDOVICO MARQUES	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	Veterano M35	47:07	+14:08	04:43
26	60	Marcos Lima	GDC PORTOS DE SINES E DO ALGARVE	Veterano M35	47:27	+14:29	04:45
27	166	Valter Serrano	Individual	Veterano M35	47:33	+14:34	04:45
28	156	PEDRO CORREIA	Individual	Veterano M35	47:46	+14:47	04:47
29	133	Ionut Diacu	Individual	Veterano M35	48:36	+15:37	04:52

30	145	Mário Rui Ferreira	Individual	Veterano M35	48:38	+15:39	04:52
31	61	Tiago Lopes Paulo	GDC PORTOS DE SINES E DO ALGARVE	Veterano M35	48:41	+15:43	04:52
32	136	Jorge Miguel Vicente	Individual	Veterano M35	48:44	+15:46	04:52
33	142	Manuel Martins	Individual	Veterano M35	48:55	+15:56	04:54
34	129	Gil Carneiro	Individual	Veterano M35	49:00	+16:01	04:54
35	123	Carlos Carvalho	Individual	Veterano M35	49:09	+16:10	04:55
36	130	Gustavo Bastos	Individual	Veterano M35	49:15	+16:16	04:56
37	146	Mark Hehn	Individual	Veterano M35	49:36	+16:38	04:58
38	134	Jorge Côco	Individual	Veterano M35	50:00	+17:01	05:00
39	127	Filipe Ginja Duarte	Individual	Veterano M35	50:19	+17:20	05:02
40	160	Ricardo José da Silva Belo Clavijo	Individual	Veterano M35	50:20	+17:21	05:02
41	124	Carlos Manuel Domingos Lucas	Individual	Veterano M35	51:02	+18:03	05:06
42	21	Jorge Antunes	BBHP	Veterano M35	51:14	+18:15	05:07
43	246	Ricardo Leitão	Individual	Veterano M35	52:08	+19:09	05:13
44	135	Jorge Miguel Neves Dos Reis	Individual	Veterano M35	53:01	+20:02	05:18
45	247	Ricardo Miguel Cordeiro Araújo Morais	Individual	Veterano M35	53:26	+20:28	05:21
46	148	Miguel Saldanha	Individual	Veterano M35	54:05	+21:06	05:24
47	58	Alexandre Santos	GDC PORTOS DE SINES E DO ALGARVE	Veterano M35	54:06	+21:07	05:25
48	199	João Fernandes	Pinhal Novo a Correr	Veterano M35	54:21	+21:22	05:26
49	187	JOÃO CRESPO	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	Veterano M35	54:36	+21:37	05:28
50	244	Paulo Mendonça	Individual	Veterano M35	56:00	+23:01	05:36
51	164	Sérgio Cláudio da Silva Marques	Individual	Veterano M35	56:20	+23:22	05:38
52	256	Bruno Matos Martins	Individual	Veterano M35	56:32	+23:33	05:39
53	248	Vítor Santos	Individual	Veterano M35	56:34	+23:35	05:39
54	192	Tiago Galego	Navigator Clube Setúbal	Veterano M35	58:23	+25:24	05:50
55	153	Paulo Falcão	Individual	Veterano M35	58:35	+25:36	05:51
56	155	Pedro Araujo	Individual	Veterano M35	58:44	+25:45	05:52
57	132	Henrique Azevedo	Individual	Veterano M35	59:40	+26:41	05:58
58	120	António Sineiro	Individual	Veterano M35	59:47	+26:48	05:59
59	117	Alexandre Ferreira	Individual	Veterano M35	01:00:27	+27:28	06:03
60	242	Luís Ramos	Individual	Veterano M35	01:01:03	+28:04	06:06
61	29	Luis Conceição	Clube de Praças da Armada	Veterano M35	01:01:07	+28:08	06:07
62	163	Rui Melo	Individual	Veterano M35	01:01:16	+28:17	06:08
63	138	Juan Carlos Bautista Ballen	Individual	Veterano M35	01:03:24	+30:25	06:20
64	239	João Nogueira	Individual	Veterano M35	01:04:03	+31:04	06:24
65	243	Paulo Antunes	Individual	Veterano M35	01:04:03	+31:04	06:24
66	161	Rui Costa	Individual	Veterano M35	01:06:14	+33:15	06:37
67	255	LUIS MARTINHO	MEDIPREMIER MEDIAÇÃO SEGUROS LDA	Veterano M35	01:07:49	+34:50	06:47
68	22	Pedro Miguel Marques Dias	Benfiquistas	Veterano M35	01:13:11	+40:12	07:19

Veterano M50

1	33	Fernando Santos	Clube de Praças da Armada	Veterano M50	40:01	04:00

2	221	Luis Trigo	VITORIA FUTEBOL CLUBE	Veterano M50	41:47	+01:46	04:11
3	260	Paulo Hermesilha	USCMS	Veterano M50	43:37	+03:35	04:22
4	32	António Branco	Clube de Praças da Armada	Veterano M50	44:47	+04:46	04:29
5	176	LUIS FERRO	Individual	Veterano M50	45:08	+05:06	04:31
6	220	Luis Calha	VITORIA FUTEBOL CLUBE	Veterano M50	45:16	+05:15	04:32
7	258	Vasco Agostinho	Individual	Veterano M50	45:25	+05:24	04:33
8	250	Vitor Cunha	Individual	Veterano M50	46:41	+06:40	04:40
9	175	Júlio Gamito	Individual	Veterano M50	50:52	+10:51	05:05
10	205	Paulo Oliveira	Tãlentos Team	Veterano M50	51:21	+11:20	05:08
11	178	Paulo Jorge Domingues	Individual	Veterano M50	51:31	+11:30	05:09
12	259	Pedro Agostinho	Individual	Veterano M50	52:16	+12:15	05:14
13	179	Paulo Mirador	Individual	Veterano M50	52:35	+12:33	05:15
14	34	João Santos	Clube de Praças da Armada	Veterano M50	52:47	+12:45	05:17
15	249	Daniel Pó	Individual	Veterano M50	53:26	+13:25	05:21
16	170	João Martins	Individual	Veterano M50	53:45	+13:44	05:23
17	172	Joaquim Santos	Individual	Veterano M50	54:10	+14:08	05:25
18	23	Filipe José Benavente Gomes	Benfiquistas	Veterano M50	56:09	+16:08	05:37
19	254	Paulo Rijo	Jovens Kipchoge	Veterano M50	59:30	+19:28	05:57
20	168	AMANDIO JORGE RODRIGUES FERNANDES	Individual	Veterano M50	01:04:34	+24:33	06:27
21	169	Antonio Santos	Individual	Veterano M50	01:05:26	+25:25	06:33
22	171	Joaquim Pepe Roque	Individual	Veterano M50	01:06:03	+26:02	06:36
23	180	Rogério Silva	Individual	Veterano M50	01:07:00	+26:59	06:42

Veterano M60

1	38	Fernando Sousa	Clube de Praças da Armada	Veterano M60	47:42		04:46
2	15	Manuel Dinis Pardal	Associação de atletismo Lebres do sado	Veterano M60	52:46	+05:03	05:17
3	182	Ezequiel Alves Fernandes	Individual	Veterano M60	53:41	+05:58	05:22
4	40	Manuel Jacinto	Clube de Praças da Armada	Veterano M60	56:03	+08:20	05:36
5	52	Francisco Muleta	Federação da Família para a Paz Mundial e Unificação	Veterano M60	56:36	+08:54	05:40
6	14	José Manuel Marques	Associação de atletismo Lebres do sado	Veterano M60	57:07	+09:24	05:43
7	251	VITOR MANUEL AMARO TEIXEIRA RODRIGUES	Individual	Veterano M60	59:47	+12:04	05:59
8	41	Possidónio Constantino	Clube de Praças da Armada	Veterano M60	01:01:32	+13:49	06:09
9	36	António Borla	Clube de Praças da Armada	Veterano M60	01:01:32	+13:49	06:09
10	16	Manuel Francisco Prates	Associação de atletismo Lebres do sado	Veterano M60	01:08:53	+21:10	06:53
11	184	Gilvan Gomes de Lima	Individual	Veterano M60	01:09:54	+22:11	06:59